



THE FUTURE
IS NOW



SINCE 1878



Under the Patronage
of His Eminence **Metropolitan Elias**,
Archbishop of Beirut and its dependencies

Saint George Hospital University Medical Center

Presents its

24th Annual Congress



October 10,11&12, 2019 - Saint George Hospital University Medical Center

In Collaboration with



Welcome Words

Dear Colleagues,

On behalf of Saint George Hospital University Medical Center, committed to the best quality health service and highest medical education, I proudly declare open the “24th Annual Congress” planned from October 10 to 12, 2019, under the patronage of His Eminence Metropolitan Elias.

This congress will offer a unique model of a large scale academic event dedicated to teaching and training in a wide spectrum of medical specialties provided at the hospital; ranging from endocrinology, neurology, psychiatry, pediatrics, geriatrics, gastro-enterology to pulmonary pathologies. In surgery, the focus will be on updated timely topics including urology, obstetrics and gynecology, plastic surgery, oto-laryngology, head & neck surgery, offered in plenary sessions, scientific symposiums, workshops, live surgeries and scientific exhibitions.

This multi-disciplinary event is expected to attract participants from the Middle East and Europe with prominent experts from the United States of America, Canada, Europe and the region.

We will be honored to host a high leveled international delegation coming from the United States of America and France committed to renewing old and enhancing new academic collaborations.

The 24th Saint George Annual Congress promises a futuristic health care vision based on a medical legacy of excellence in health care and education.

It is our greatest honor and deepest privilege to welcome you; thanking you for your contribution to the success of this distinguished scientific event.

All over the country, Lebanon offers an unparalleled Phoenician, Roman, Byzantine and Arabic Heritage of historical sites.

We promise you unforgettable days in our beautiful city Beirut.

Jihad Khoury, MD

President of the Congress

Chairman of ENT & HNS Department

Dear Colleagues,

It is my pleasure to welcome you to the 24th annual congress of Saint George Hospital University Medical Center which will be held on October 10th, 11th and 12th under the patronage of His Eminence Metropolitan Elias Audi.

Saint George Hospital University Medical Center strives to serve the community and aims at delivering high-quality health care. We constantly work with a focused effort to improve performance and acquire the latest cutting edge medical technology.

Our highly specialized physicians and medical staff are committed to providing state-of-the-art care, as well as achieving scientific progress in the field of research with the collaboration of residents.

This annual congress is an opportunity for us to come together and brainstorm about the latest advancements in the medical field and share the achievements and expertise that were gathered over the past 141 years in the life of Saint George Hospital University Medical Center. This event will feature live transmissions of procedures in gastroenterology and gynecology. Additionally, various talks in the fields of neurology, geriatrics, cancer genetics, pain management, wound care, pulmonary medicine, neonatology, pediatrics and medical imaging will be presented.

We are pleased to host international experts with different medical backgrounds to speak about breakthroughs in their respective fields and to share with us their vast and multidisciplinary experience.

Last but not least, I would like to thank our sponsors for their continuous support and excellent job in making this event happen.

Finally, on behalf of the Scientific and Organizing Committees, I look forward to welcoming you to what promises to be an exciting, meaningful and fruitful event.

Yours faithfully

Alexandre Nehme, MD, MBA

Interim Dean of Saint George University of Beirut - Faculty of Medicine

Chief Medical Officer of Saint George Hospital University Medical Center

Committees

President of the Congress

Jihad Khoury, MD

Scientific Committee

Roula Bou Khalil, MD – Chair

Paola Atallah, MD

Georges Cortas, MD

Emile Dabaj, MD

Elie Estephan, MD

Fouad Fata, MD

Rosette Jabbour, MD

Georges Karam, MD

Fouad Khoury, MD

Judy Matta, MD

Pierre Mouawad, MD

Alexandre Nehme, MD

Samer Nehme, MD

Roy Raad, MD

William Watfa, MD

Organizing Committee

Joudy Bahous, MD - Chair

Alexandre Nehme, MD

Corinne Aad, MHA

Wael Abi Ghanem, RPH

Jean Abou Mrad, MIBM

Antoine Jaklis, MD

Lina Moukheiber, MPH

Wael Nakat, MBA

International Speakers

Michèle Abriquet , MD, CHU Nîmes	<i>France</i>
Fabienne Absil , MD, Hospital Epicura Ath	<i>Belgium</i>
Joseph Akar , MD, Yale University School of Medicine	<i>USA</i>
Blaise Aguirre , MD, McLean Hospital/Harvard	<i>USA</i>
Caroline Aloviseti , MD, CHU Nîmes	<i>France</i>
Renaud Bollens , MD, Catholic University Of Lille, Saint Philibert Hospital & CHWAPI Tournai City	<i>Belgium</i>
Michel Carretier , MD, CHU Poitiers	<i>France</i>
Guillaume Chambon , MD, CHU Nîmes	<i>France</i>
Benjamin Conte , MD, CHU Nîmes	<i>France</i>
Romain Coriat , MD, Professeur des Universités Service de Gastro-Entérologie, CHU Cochin, Paris	<i>France</i>
Per-Henrik Groop , MD, Groop Pre-Henrik, MD, PhD, University of Helsinki in Poland	<i>Finland</i>
Lionel Groussin , MD, Université de Paris	<i>France</i>
Kamal Haddad , MD, Gerontopole de Toulouse	<i>France</i>
Celia Hoebeke , MD, Latimou Children Hospital Medical University Center of Marseilles	<i>France</i>
James Hummel , MD, University of Wisconsin School of Medicine and Public Health, Madison, Wisconsin	<i>USA</i>
Julie Kalaani , MD, CHU Nîmes	<i>France</i>
Philippe Khafagy , MD, GHI Le Raincy-Montfermeil, GPNE Avicenne university Hospital, Paris 13	<i>France</i>
Benjamin Lallemand , MD, Professeur, Chef de Service, CHU Nîmes	<i>France</i>
Cédric Le Guillou , MD, CHU Nîmes	<i>France</i>
Vasileios Lioutas , MD, Beth Israel Deaconas Medical Center, Harvard Medical School	<i>USA</i>
Michel Marre , MD, Metabolic Inflammation in Diabetes and its Complications Cordeliers Research Centre	<i>France</i>
Eleonora Masci , MD, CHU Nîmes	<i>France</i>
Michel Mondain , MD, Département d'ORL-CHU Montpellier-Université de Montpellier	<i>France</i>
Stefan Mönk , MD, Former President of SESAM	<i>Germany</i>
Michel Piotin , MD, Fondation Rothschild Hospital, Interventional Neuroradiology Department - Paris	<i>France</i>
Wassim Raffoul , MD, Chef de service Service de Chirurgie plastique et de la main Département de l'appareil locomoteur Centre Hospitalier Universitaire Vaudois Lausanne, Genève	<i>Switzerland</i>
Christophe Reynaud , MD, CHU Nîmes	<i>France</i>
Rima Saad , PhD, McLean Hospital/Harvard	<i>USA</i>
Renate Savich , MD, University of Mississippi Medical Center	<i>USA</i>
Suayib Yalcin , MD, Hacettepe University, Institute of Cancer, Department of Medical Oncology	<i>Turkey</i>

Lebanese Speakers

Johnny Abboud, MD, Assistant Professor of Clinical Medicine, SGHUMC

Elias Abi Khalil, MD, American Board of OB/GYN, AAGL Minimally Invasive Gynecologic Surgery, Obstetrics and Gynecology at SGHUMC, Assistant Professor of OB/GYN at Balamand University

Sirine Abou Al Hassan, LD, MSC, Pediatrics and Maternal Health Dietitian, SGHUMC

Lucie Abou Jaoudeh, MD, Cardiovascular Imaging, Radiology department, Saint George University Hospital, Beirut

Pauline Abou Jaoude, MD, Assistant Professor of Clinical Pediatrics

Fadi Abu Rizk, MD, Instructor of Clinical Medicine, SGHUMC

Nadia Asmar, MD, Nadia Asmar, MD, MPH, LAU School of Medicine

Mia Atoui, MA, Embrace

Joseph Bou Serhal, MD, Professor and Research Laboratory Director, Saint Joseph University of Beirut, Lebanon
Adjunct Clinical Professor, Boston University, USA, Executive Committee Member, World Federation of Orthodontists

Carmen Adem-Hachem, MD, Assistant Professor of Clinical Radiology, SGHUMC

Yomna Cassir Haddad, DESS, Gerontopole de Toulouse, France

Marlene Chakhtoura, MD, American University of Beirut

Rita Maria Chidiac, MD, Associate Professor of Clinical Medicine, Head of Endocrinology Division, SGHUMC

Caroline Cordahi Tabet, DEA, SGHUMC/IDRAAC

Emile Dabaj, MD, Assistant Professor at Clinical Obstetrics & Gynecology, SGHUMC

Said Farhat, MD, Associate Professor of Clinical Medicine, SGHUMC

Elias Fiani, MD, Gastroenterology, SGHUMC

Gide Jabbour, MD, Gastroenterology, SGHUMC

Michel Jabbour, MD, Professor and Chairman of Surgery, Chief of Urology, President of Medical Committee, SGHUMC

Georges Juvelekian, MD, Chairman of Medicine and Head of the Pulmonary, Critical Care, and Sleep Division
Associate Professor of Clinical Medicine, SGHUMC

Ghada Keserwani, BSN, ICW, IIWCC, Clinical Case Manager, Wound Care Expert, SGHUMC

Dany Khoury, MD, Faculty of Medicine and Medical Science, University of Balamand Pediatrics, Pediatric Hematologist-Oncologist, SGHUMC

Fouad Khoury, MD, Assistant Professor of Clinical Surgery, SGHUMC

Judy Matta, MD, Assistant Professor of Clinical Pediatrics, University of Balamand, Pediatric Gastroenterology, Hepatology, and Clinical Nutrition, SGHUMC

Pierre Mouawad, MD, Assistant Professor of Clinical Pediatrics, Head of Pediatric Division, Pediatric Gastroenterology, Hepatology & Nutrition Unit, Saint George University Hospital

Samer Nehme, MD, Pulmonary and Critical Care Physician, Interstitial Lung Diseases, Neurological Intensive Care Unit
SGHUMC

Roy Raad, MD, Assistant Professor, Department of Medical imaging SGHUMC

Rachad Rayess, MD, SGHUMC/IDRAAC

Joseph Salame, MD

William Watfa, MD, Assistant Professor, Plastic, Reconstructive and Aesthetic Surgery, Fellow of the European Board (EBOPRAS) SGHUMC

Thursday October 10

13:00-14:30

Registration

Hall A - Batlouni

15:00-17:45

Psychiatry Session
In Collaboration with McLean / Harvard, Lebanese Psychological Association, Lebanese Psychiatric Society
Leila Dirani, Elie Karam

Moderators

15:00-15:30

Integrating Dialectical Behavioral Therapy in an Adolescent Young Adult Psychiatric Setting
Blaise Aguirre

15:30-16:00

Integrating Behavioral Approaches: Individual and Group Therapy Programming
Rima Saad

16:00-16:20

Understanding Ideation of Harm in Adolescents: A Clinical Perspective
Rachad Rayess

Hall B - Amphitheater Bechara

14:30-17:35

Moderators

14:30-15:00

Moderators

15:00-15:30

Moderators

15:30-16:00

Moderators

16:00-16:20

Endocrinology Session

Carole Saad Riachi, Nada Ghorayeb, Roula Bou Khalil

New Therapies in Diabetes
Michel Marre

Najat Fares, Rawan Saab, Salam Sisi
Diabetes and Kidneys
Per-Henrik Groop

Paola Atallah, Pierrette Habib, Ghada Sebaaly

Diabetes a Deadly Disease with a New Outlook
Rita Maria Chidiac

Fady Abou Jaoude, Simon Abou Jaoude, Nidal Abi Rafeh

Clinical Applications of Cardiovascular MRI
Lucie Abou Jaoudeh

16:20-16:45

Coffee Break

sponsored by Blom Bank

Moderators

16:45-17:00

Aimée Nasser Karam, Robert Sacy
Self Harm and Bullying
Caroline Cordahi Tabet

Moderators

16:45-17:10

17:00-17:20

Self-Harm in Autism Spectrum, Developmental Delay and Intellectual Disability
Younna Cassir Haddad

Moderators

17:10-17:35

17:20-17:40

Suicide Hotline Adolescents Calls
Mia Atoui

Georges Hajj, Zelia Tohmeh, Saria Wakim

Non Avid Thyroid Cancer - Role of Tyrosine Kinase Inhibitors
Lionel Groussin

Maya Barake, Fouad Jabbour, Carla Sawan

Updates in Osteoporosis Management
Marlene Chakhtoura

17:40-18:15

Round Table – Batlouni

Children and Adolescents' Harmful Behaviors Challenges and Safety Integrating Evidence-based Treatments
Blaise Aguirre, Rima Saad, Leila Dirani, Rachad Rayess
Caroline Cordahi Tabet, Younna Cassir Haddad, Mia Atoui, Robert Sacy

18:30

Opening Ceremony - Amphitheater Bechara

Friday October 11

08:00-09:00

Registration

Hall A - Batlouni

09:00-13:00	Neurovascular Session
09:00-10:30	Stroke Session
Moderators	Samir Atweh, Michel Mouawad, Ghassan Abou Chedid
09:00-09:30	Stroke Management: Ischemic versus Hemorrhagic Vasileios Lioutas
09:30-09:40	Advances in Diagnostic Imaging of Acute Strokes Carmen Adem-Hachem
09:40-10:05	Latest Advances in Mechanical Thrombectomies for Acute Ischemic Strokes Michel Piotin
10:05-10:30	Intracranial Vascular Malformations and Aneurysms: From Diagnosis to Endovascular Therapy Joseph Salame

Hall B - Amphitheater Bechara

09:00-10:30	Pediatric Session
Moderators	Hicham Mansour, Peter Noun, Krystal Ouaijan
09:00-09:20	Malnutrition Screening Tools in Pediatrics Sirine Abou Al Hassan
09:20-09:45	Nutritional Challenges in Pediatric Hematology and Oncology Patients Dany Khoury
09:45-10:15	Nutrition in Neurometabolic and Disabled Children Celia Hoebeke
10:15-10:30	Q & A

10:30-11:00

Coffee Break

11:00-13:00	Heart and Brain Session		
Moderators	Kamel Ezzedine, Claude Semaan, Jeanine Helou	Moderators	Elie Aramouni, Dany Hamod, Ramy Ghabril
11:00-11:30	Patent Foramen Ovale Closure versus Medical Treatment for Cryptogenic Strokes Vasileios Lioutas	11:00-11:25	Nutritional Challenges in Pediatric Chronic Kidney Disease Pauline Abou Jaoude
11:30-12:00	Diagnostic Tools in Cryptogenic Strokes James Hummel	11:25-11:50	"It's Alimentary My Dear Watson": Nutritional Support in Pediatric Gastrointestinal Diseases Judy Matta
12:00-12:30	New Updates of NOAC Usage in Embolic Strokes Johnny Abboud	11:50-12:20	Nutrition for the Neonate: What is the Latest Evidence? Renate Savich
12:30-13:00	Non Pharmacological Treatment for Stroke Prevention in Atrial Fibrillation Joseph Akar	12:20-12:45	Obesity in Children Pierre Mouawad
		12:45-13:00	Q & A

13:00-13:30

Lunch

Friday October 11

Hall B - Amphitheater Bechara

13:30-14:30 Round Table: Simulation in Health Care

Simulation for Safety: Can We Address Healthcare Challenges Through Education? **Stefan Monk**

Simulation for Safety: Emerging Challenges To Be Addressed **Nadia Asmar**

The Future: How to Associate Body Donation Centers and Surgical Simulation **Michel Carretier**

Hall A - Batlouni

14:30-16:30 Gastroenterology Session

Moderators

Khalil Bedran, Fadi Daniel,
Mahmoud Hallal

14:30-15:00 Crohn's Disease **Said Farhat**

15:00-15:30 Investigation of Pelvic Floor
Dysfunction **Gide Jabbour**

15:30-15:45 Chronic Constipation **Elias Fiani**

15:45-16:00 Superficial Cancers of the GI
Romain Coriat

16:00-16:30 CRC Screening **Suayib Yalcin**

16:30-17:00

Coffee Break

17:00-18:30 Frailty in Elderly Session

Moderators

Nazem Bassil, Fady G. Haddad,
Nabil Naja

17:00-17:30 Frailty Assessment in Older-Cancer
Patients: The Best Way to Guide the
Choice of Treatment
Cédric Le Guillou

17:30-18:00 Implementation of Intrinsic Capacities
for the Prevention and Detection
of Frailty, and Integrated Approach in
Elderly Care **Kamal Haddad**

18:00-18:30 Cognitive Frailty: Treating Physical
Frailty to Prevent Dementia (Motor-
Cognitive Risk Syndrome)
Elie Estephan

Hall B - Amphitheater Bechara

14:30-17:30 Pulmonary Session

14:30-17:00 Interstitial Lung Diseases and Lung Imaging

Moderators

Pierre Bou Khalil, Khalil Diab,
Ihab Jizi

14:30-15:50

Approach to Chest CT Scan in
Interstitial Lung diseases
Philippe Khafagy

15:50-16:30

Idiopathic Pulmonary Fibrosis: What
is New? **Samer Nehme**

17:00-17:30

New Guidelines for Screening for
Lung Cancer by Low Dose Chest
CT Scan **Roy Raad**

17:30-19:00

Moderators

Obstructive Lung Diseases
Moussa Riachi, Wajdi Abi Saleh,
Salah Zeineddine

17:30-18:15

COPD Updates: GOLD Criteria and
New Therapeutic Modalities
Fadi Abu Rizk

18:15-18:45

Asthma Updates: New GINA
Guidelines and New Therapeutic
Modalities **Georges Juvelekian**

18:45-19:00

Inhaler Devices in Obstructive Lung
Diseases **Samer Nehme**

Saturday October 12

08:00-09:00

Registration

Hall A - Batlouni

09:00-13:00

Urology Session: Challenges in GU Laparoscopy

Moderators

Georges Assaf, Pascal Hajj, Pierre Sarkis

09:00-09:15

Introduction to Laparoscopy
Renaud Bollens

09:15-09:30

Lap Nephrectomy: Step by step
Renaud Bollens

09:30-09:50

Pyeloplasty: Lap vs Endoscopic
Michel Jabbour

Moderators

Joe Nohra, Nehme Raad

09:50-11:30

Live Surgery: Laparoscopic Complex Partial Nephrectomy
Renaud Bollens

11:30-12:00

Coffee Break

12:00-13:00

Semi Live Session

Moderators

Imad Ghantous, Mohammad Moussa, Fouad Aoun

12:00-12:20

Lap Management of Pelvic Organ Prolapse
Fouad Khoury

12:20-12:50

Vascular complications in Laparoscopy
Renaud Bollens

12:50-13:00

Q & A

Hall B - Amphitheater Bechara

09:00-13:00

ENT - Head and Neck Session

Moderators

Elias Khoury, Nabil Moukarzel, Alexandre Malek

09:00-09:20

Robotic Surgery in Head and Neck Surgery: Chirurgie Robotique des VADS
Guillaume Chambon

09:20-09:30

Ambulatory Thyroid Surgery: Chirurgie Ambulatoire de la Thyroïde
Eléonara Masci

09:30-10:00

Lecture: Update in the Management of Thyroid Nodules: Prise en Charge des Nodules de la Thyroïde
Benjamin Lallemand

10:00-10:15

Q & A

10:15-10:45

Coffee Break

Moderators

Srour Diab, Fouad Fatta, Charbel Rameh

10:45-11:05

Pediatric Chronic Rhinosinusitis Management in Rhinologists and Pediatric Otolaryngologists: Pathologie Sinusienne de L'Enfant et Chirurgie
Michel Mondain

11:05-11:25

Management of Difficult Intubations in Otolaryngology: Gestion des Intubations Difficiles en ORL
Julie Kalaani, Benjamin Conte, Michèle Abriquet

11:25-11:45

Deafness in Children: La Surdit e de L'Enfant
Michel Mondain

11:45-12:00

Q & A

12:00-13:00

UPDATE in SAS

Moderators

Anthony Hawat, Nidal Sabri, Mustafa Sweidan

12:00-12:15

New Pharmacological Modalities in Obstructive Sleep Apnea
Georges Juvelekian

12:15-12:35

Drug-induced Sleep Endoscopy in Patient with SAS: Comment R aliser une Endoscopie du Sommeil Induit?
Caroline Aloviseti

12:35-12:50

3D Airway Evaluation of Sleep Apnea Patients
Joseph Bou Serhal, Elie Jabbour

12:50-13:00

Q & A

Saturday October 12

13:00-14:00

Lunch

Hall A - Batlouni

14:00-16:00

Obstetrics and Gynecology Session

Moderators

Georges El Kehdy, Toufic Eid, Jean Nassar

14:00-14:20

Management of Pelviperineal Pain + Semi Live Video **Fabienne Absil**

14:20-14:40

Lap Management of Perineal Descent **Renaud Bollens**

14:40-15:00

Lap Hysterectomy **Fabienne Absil**

15:00-15:20

Imaging Modalities for the Non-Invasive Diagnosis of Endometriosis **Emile Dabaj**

15:20-15:40

Role of minimally Invasive Gynecological Surgery in Infertility **Elias Abi Khalil**

15:40-16:00

Q & A

Hall B - Amphitheater Bechara

14:00-15:55

Plastic and Reconstructive Session

Moderators

Samer Abou Zeid, Joseph Bakhach, Michel Feghali

14:00-14:35

New Cellular Therapies **Wassim Raffoul**

14:35-14:55

What's New in Wound Care? **Ghada Keserwani**

14:55-15:15

Plastic & Reconstructive Surgery in a University Hospital **William Watfa**

15:15-15:55

Breast Surgery **Wassim Raffoul**

Workshop

Attendees are Welcomed!

Priority for the workshops will be given to attendees who are pre-registered at: executive5@trustandtraders.com

Friday October 11

Hall C - Small Batlouni

Ultrasound Simulation Workshop

14:30-15:30 Session 1

15:30-16:30 Session 2

Saturday October 12

Hall C - Small Batlouni

10:00-12:00 Interpretation of Chest Imaging
Philippe Khafagy

12:00-14:00 Non Invasive Ventilation Solutions **Philips team and SOAL**

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